

# Sex and Relationships Education (S.R.E)

Wygate Park Academy

▶ WHY do we need  
SRE?

# The government statistics:

- ▶ Lincolnshire's teenage pregnancy statistics - higher than the national average
- ▶ The rate of Sexually Transmitted Illnesses (S.T.I's) has been rising considerably over the past 10 years, particularly with the under 30's.
- ▶ Surveys show that young people want to be educated about sex and relationships and that they recognise that this role is most likely to be served by teachers and schools.

*(London Borough of Tower Hamlets - Sex and Relationships Education Guidelines for schools 2005)*

# What do these statistics indicate?

- ▶ The current sex education in the UK is not equipping our children with facts or the abilities to resist pressures
- ▶ Young people need clearer knowledge about the facts and risks of pregnancy and STI's

*(London Borough of Tower Hamlets - Sex and Relationships Education Guidelines for schools 2005)*

# Science -Government Requirements for schools

**Through the statutory National Curriculum requirements for Science children are required to learn:**

## Key Stage 2 Science

That life processes common to humans and other animals include nutrition, growth and reproduction

The main stages of the human life cycle

**Summary - Human reproduction is part of the Science curriculum  
(Statutory requirement)**

# P.S.H.E - Government non- statutory requirements for schools

Children need to:

- ▶ Develop confidence and responsibilities to make the most of their abilities
- ▶ Develop a healthy, safer lifestyle
- ▶ Develop good relationships and respect the differences between people

*(London Borough of Tower Hamlets - Sex and Relationships Education Guidelines for schools 2005)*

# SRE at Wygate

- ▶ Although PSHE has been taught as part of the curriculum, there has previously been no SRE curriculum at Wygate Park Academy.
- ▶ The LEA, governors and staff of the Boston Witham Academies Federation have worked together to develop a policy and curriculum to implement in our schools.

# Rationale

- ▶ At Wygate Park we believe that the essential aim of sex and relationships education should be to provide pupils with the knowledge and skills to enable them to make informed and responsible choices in later life, emphasising the benefits of a healthy lifestyle.
- ▶ We believe that sex and relationships education should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life.
- ▶ We also believe that sex and relationships education should be taught within a climate of trust, respect and appropriate confidentiality, in which pupils and adults feel able to talk openly and honestly.
- ▶ Most importantly, educating the children about sex and relationships will help us to **protect children** from sexual abuse before the age of consent and from pregnancy, which can be very damaging to an underdeveloped mother's body.

# These are all slang terms for female genitalia.

- ▶ Moo moo
- ▶ Flower
- ▶ Moneybox
- ▶ Nonny
- ▶ Cookie
- ▶ Tuppence
- ▶ *According to an ex-PCSO, who delivered the SRE training at Carlton Road, there was a recent case where a child finally found the courage to tell her teacher that her uncle had been putting something in her 'moneybox'. The teacher, not understanding what she really meant, replied, "That's nice dear." It is important that children are also able to use the scientific terms for their body parts to prevent this kind of misunderstanding from happening.*

# Aims and objectives

- ▶ To provide a secure, sensitive and caring framework where learning and discussion can take place.
- ▶ To provide information which is easy to understand, relevant and appropriate for the needs, age and maturity of the pupils.
- ▶ Encourage the use of correct vocabulary.
- ▶ To foster self worth and awareness, together with a sense of moral responsibility.
- ▶ To help the children to acquire and practice important life skills such as critical thinking, decision making, communication and assertiveness.
- ▶ To ensure that sex education is available to all children regardless of gender, ability, cultural or religious background in line with the schools policy on equal opportunities.

# WHAT do we plan to deliver at Wygate Park?

- ▶ A whole school programme (tried and tested very successfully at Carlton Road and Staniland Academies in Boston).
- ▶ Weekly PSHE sessions (however these will not always have an SRE focus).

# Example of Y5 SRE themes

- ▶ Changes
- ▶ How babies are made
- ▶ How babies are born
- ▶ Girl Talk
- ▶ Boy Talk

# Changes

- ▶ To introduce children to the physical and emotional changes that occur during puberty
- ▶ To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control

Changes key vocabulary: egg, ovaries, penis, period, puberty, clitoris, menstruation, scrotum, sexual relationship, sperm, testicles, vagina

# How babies are made

- ▶ To explain how babies are made
- ▶ To explore the idea of relationships, including friendships, parent-child and family relationships and adult sexual relationships

## How babies are made key vocabulary:

- ▶ Caring, conception, egg, fertilisation, friend, honesty, love, making love, sexual relationship, sperm, womb, trust

# How babies are born

- ▶ To explain how a baby develops in the womb during pregnancy and how babies are born
- ▶ To consider the needs of babies before and after birth
- ▶ To enable children to reflect on roles and relationships in the family

## How babies are born key vocabulary:

- ▶ Fertilisation, foetus, labour, oxygen, pregnancy, pregnant, ultrasound, umbilical cord, womb

# Girl Talk

- ▶ To consider the physical and emotional changes that take place as girls go through puberty
- ▶ To address the concerns and worries of young women (although the average age is 12, a girl can start menstruating as early as 10 years old)

## Girl talk key vocabulary:

- ▶ hormone, menstruation, period, puberty

# Boy Talk

- ▶ To consider the physical and emotional changes that take place as boys go through puberty
- ▶ To address the concerns and worries of young men

## Boy talk key vocabulary:

- ▶ relationship, masturbation, puberty, shaving, spots, wet dream, orgasm

# HOW are we going to deliver these objectives?

- ▶ Single sex teaching groups
- ▶ Using Living and Growing DVD as support
- ▶ Worksheets
- ▶ Staff - 2 male/2 female for single sex teaching
- ▶ Activities - discussion/reflection/paired recording and activities

# Working with parents

- ▶ The school is committed to working with parents. Under the Education Act 1996 parents have the legal right to excuse their children from aspects of sex education which do not form part of the statutory Science National Curriculum.
- ▶ It is possible for a child to be excused from selected lessons which must be identified before the unit has begun.
- ▶ The parents will be presented with an overview of coverage for each year group before the topic is delivered.
- ▶ It is important for parents to know that the lessons do follow on from each other and there are sometimes elements of the previous lesson in the following lesson.

# Working with parents

- ▶ Parents wanting to exercise this right are invited to see their child's class teacher but must first either attend an open event or have read the SRE parents information pack.
- ▶ The Head teacher will explore the concerns of parents (as relayed by the class teachers) and the possible negative experiences or feelings that may result from exclusion and the ways these can be minimised.
- ▶ Parents also need to be aware that arrangements will have to be made to ensure that the child is still taught the statutory parts of the SRE curriculum.
- ▶ Parents need to be aware that SRE can occur at any time if it arises naturally from class discussion, and that the right to exempt will not inhibit such discussion.

# Any Questions?

- ▶ Feel free to look at resources available via the resources lists that we have provided for you
- ▶ Contact your child's class teacher